




























Psychosocial Rehabilitation and Recovery Center (PRRC)

San Bruno VA Clinic ~ Fall 2012 Schedule ~ October – December

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Speaking of Smoking 9:00 – 9:45 am Jackie and Tom Conference Room <i>Offered By V-TEL</i> 	Additional PRRC classes at Ft. Miley	Veterans Community Council 9:00 – 9:45 am Dan's office Rm 38 <i>Offered by V-TEL</i> 	Music Over Mood 9:00 – 9:45 am Dan Conference Room <i>Offered by V-TEL</i> 	Anger Management Support 9:00 – 10:00 Conference Room <i>*Pre-Registration Only</i> 
Techniques & Role Recovery 10:00 – 10:45 am DiAnn and Jackie Conference Room <i>Offered By V-TEL</i> 	Orientation 10:00 – 10:45 am By appointment Conference Room <i>Offered by V-TEL</i> 	Spiritual Support <i>by appt</i> Chaplain Jon Wright (415) 221-4810 x4505 	Art of Life 10:00 – 11:00 am 11:00 – 11:45 am Richard and Adrian Conference Room <i>Offered by V-TEL</i> 	Orientation 10:00 – 10:45 am By appointment Room 36 <i>Offered by V-TEL</i> 
Vet 2 Vet 11:00 – 11:45 Conference Room <i>Offered by V-TEL</i> 	MOVE with Recovery 11:30 – 12:15 pm Dan and Janet Meet in Lobby 	WRAP and Roll 10:00 – 10:45 am Dan, Laura and Jackie Conference Room <i>Offered by V-TEL</i> 	MOVE with Mindfulness 11:30 – 12:30 pm Dan Meet in Lobby 	Vietnam Vet Stress Management <i>*By appointment ONLY</i> Tuesday and Friday Judith Conference Room 
Veterans Story Corps 12:30 – 2:00 pm Richard, Laura, Dan Conf Rm 2 nd and 4 th Mon Dan's office (38) 1 st and 3 rd <i>Offered by V-TEL</i> 	Rise Above Depression 1:00 – 1:45 pm John and Dan Conference Room 	Community Meeting 11:00 – 11:45 am <i>*1st Wed of month</i> Conference Room <i>Offered by V-TEL</i> 	LifeRing 12:00 – 1:00 pm LifeRing Staff Room 18 	ILRC Meetings: Photography Class, Vet to Vet, Writing Workshops (In person-not by vtel) <i>*All Veterans Welcome*</i> 649 Mission St @ 3 rd St, 3 rd Floor 
Resources Unlimited 2:00-3:00 pm Dan Conference Room 	Peer Support 2:00 – 2:30 pm John Conference Room 	AI-Anon Meeting 12:00 – 1:00 pm Conference Room 	Mindfulness 1:00 – 2:00 pm Dan, Richard, Lianna Conference Room 	
Women Create! Maisie/Laura/Lianna 2-3:30pm <i>*Register*</i> Conference Room <i>Offered by V-TEL</i> 	Hope and Support 3:00 – 3:45 pm Kathi and Dan Room 38 Pre-registration required 	Psychosis Support Group 1:00 – 1:45 pm John and Jennifer <i>Offered By V-TEL</i> 	Individual Recovery Advising available by appointment with Dan Evenhouse LCSW 	

San Bruno Clinic (650) 615-6019
Fort Miley (415) 221-4810 x2226

RED = PRRC Classes

BLACK = other VA groups
PRRC NOT responsible for content or scheduling